

May 12, 2006

FISHERS KIDS' SPORTS

## Kids 14 and younger in Monday sessions

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Star report It's a round ball and a round bat, but you've got to hit it square.

Not to mention pitch it and catch it.

Members of the Hamilton Southeastern Girls Softball Club, in a variety of age groups, are learning all of that and more with a little help from Cara Johnson-Hirsch, founder of SoftballOne, an Indianapolis company that offers training to area players.

She is running a series of clinics on Mondays.

Johnson-Hirsch is a North Central High School graduate who played college softball at Western Illinois University and later coached at the University of Chicago and Lake City Community College in Florida.

About 150 players turned out May 1 for her first clinic at the HSE softball field.

Her first two sessions focused on fielding. Players learned Monday about catching fly balls, shoestring catches and side-to-side fielding.

Clinics run until June 5 and are designed for kids 14 and younger.

Log on to [www.hsesports.org/softball](http://www.hsesports.org/softball) for information about the girls softball club. Information about SoftballOne can be found online at [www.softballone.com](http://www.softballone.com)